

# Finding Your Unstoppable Force (your why)

## Look back on your younger years

How did you spend your free time as a kid?

What activities were you involved in as a teen?

What classes did you LOVE?

How did you answer the question, "what do you want to be when you grow up"?

Recurring themes, words I see are:

## Study the the lows and see the lessons

What was a low in my life?

How and why did I endure it?

What personal values and traits were prevalent?

Recurring themes and words I see are:

## Dig deep until you find the gold

My goal/dream/desire now is \_\_\_\_\_

Why do I want this now?

Why am I doing this now?

At the heart of goal/dream/desire is \_\_\_\_\_

**This is your WHY! Hold onto it tightly!**

**Are you ready to start building your career, business and life around what lights you up, your purpose, strengths, work motivators? Book a free 30 minute session and take it to the next level:**

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